7 KEYS TO CREATE A HEALTHY WORKPLACE

A guide to increase your profit, productivity and power!

7 KEYS to Create a H.E.A.L.T.H.Y. Workplace:

A Guide to Increasing Your Profit, Productivity and Power!

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7 Keys to Create a H.E.A.L.T.H.Y. Workplace:

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Thank you for taking the time to visit our website. We are so happy that you've joined our Be.Lead.Grow. tribe! As a THANK YOU gift, you are receiving our "Health Workplace Starter Toolkit." At no cost, you now have immediate access to several tools that will shift your mindset and unlock the potential of your business. Be.Lead.Grow. specializes in transitioning your workplace from being a toxic work environment to a HEALTHY one, or preventing toxicity from happening. As a full service organizational development consulting firm we do this in a variety of ways from training, developing and enhancing your strategic planning and product (re)design processes alongside customized services. We also create actionable, creative empowerment strategies that are sure to enhance morale and provide enjoyable experiences for your client. Your corporations' journey to the next level of greatness begins NOW.
With that said...

LET'S GET STARTED! Your Healthy Workplace Toolkit includes 7 Keys to Create a Healthy Workplace: a Guide to Increase Your Profit, Productivity and Power™ which provides insight into the concepts that are utilized in our additional books, assessment tools, trainings and other products. However, with what you have received in this toolkit you are able to immediately bring change to your business. Included in your tool-kit is: a description of the 7 KEYS model, a detailed description of each key, potential impact for your business as a result of employing this model. Also, you've received a 20 minute training that you can access **HERE**. Consider all of this as your celebratory gift as we are proud of your CHOICE to be H.E.A.L.T.H.Y.

As you review this guide, there may be concepts that you can readily identify, while other concepts and questions will require deeper insight. The overarching goal is to reveal areas that require more of your attention. The beautiful thing is that you don't have to do it alone.

Follow the instructions below and take good notes as we are here to support you on your journey to creating bliss in your workplace and the lives of your employees.

Dr. AMS

Angela M. Shuttlesworth, MSW, PhD
Founder/CEO of Be.Lead.Grow.

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GETTING STARTED

As the CEO and or leader within your business, it means a lot that you are socially responsible and desire change. Let's be reminded that the change in your business begins with **YOU**.

As a suggestion, we recommend that you grab a pen and consider the following:

1) Which of the 7 KEYS relates to the current needs of your business,
2) Who on your team would benefit from the 7 KEYS and lastly,
3) What suggestions have you developed along the way as we KNOW that your genius brain is going to have so much to share... We can't wait to hear all about it!!

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Increasing Profit, Productivity & Power Requires That Your Business

BE H.E.A.L.T.H.Y

... it's MUCH more than having healthy snacks around the office and spending 15 minutes in the gym each day!

It's a model.

It's a way of life.

It's a result of your commitment.

It's a guide for how to do business AND do it well.

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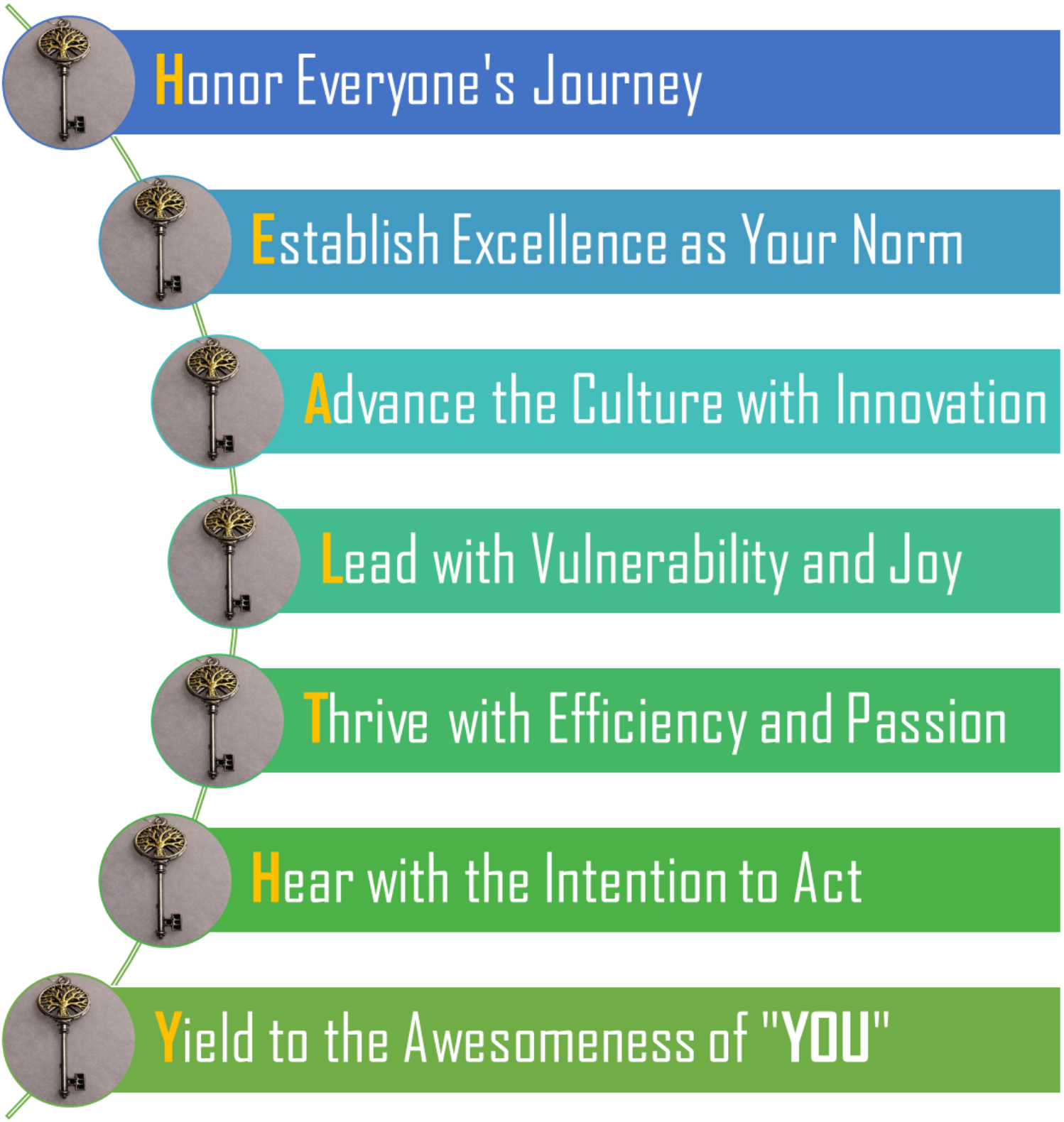

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HONOR EVERYONE'S JOURNEY

- We are all multi-dimensional beings with past experiences, current circumstances, and a desire for more. Capitalizing on your staff's holistic health and professional potential is an investment, which ultimately influences your client's experience. Making space and time for hard conversations and allowance to grieve and celebrate while also making **NO** room for bullying are vital. It also encourages maximum performance and loyalty to your business goals.

ESTABLISH EXCELLENCE AS YOUR NORM

- Making a choice that mediocrity is not an acceptable standard is key! This is made evident by having clear, easy to access "processes to success™" which in turn validates your desire for quality products and services. Supportive workplaces that trust the expertise of their staff and reward exceptional performance will surpass the mark of expctation every time. Combining this with a continuous quality improvement team with relevant data that is valued and used will take you even further.

ADVANCE THE CULTURE WITH INNOVATION

- Empowering and encouraging employees to find creative ways to perform tasks activates brain power, increases confidence and healthy competition. Supporting professional development and allowing your staff to grow with the growth of your company is essential. Intentional efforts to transition the mental cars out of the "parking lot" into ongoing operations fosters trust and signals that employees' voices are being heard and valued. They then feel as an investor and devote more energy to your success.

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LEAD WITH VULNERABILITY AND JOY

- By your example to be your authentic self you set the tone for your staff to do the same. This minimizes fear, increases opportunities for support and multiplies the impact of positive energy on your internal operations. Celebrating achievement is infectious and only adds to your collective success. Having open feedback loops and identified margins of error for each role and task also enables you to establish a culture of professional bliss.

THRIVE WITH EFFIECIENCY AND PASSION

- With tested systems and tracking of relevant data you can produce your desired outcome. However, making a strategic choice to move beyond maintaining to thriving will inaugurate a freedom zone for your team to flourish. In this realm, haphazard performance becomes a thing of the past. As your team establishes an alignment between thier personal and professional mission and goals, that synergy will birth a spirited effort that you've never seen!

HEAR WITH THE INTENTION TO ACT

- Transparent and "easy to access" processes to identify the needs, desires and struggles of your team should take place in both virtual and face-to-face formats on an ongoing basis. Recognize that the response may be explicit or implied, thus the ultimate goal is listening and responding to your newfound or confirmed understanding. Remember, time of response equals value of what is heard for your team so move swiftly.

YIELD TO THE AWESOMENESS OF YOU

- Albeit, team dymics are crutial, you must also allow individuals to uniquely shine and demonstrate their genius. We all need to be validated and appreciated for the time, talents and treasures that we offer which ultimately foster success. Institutionalize formal processes to praise team memembers as you'd be surprised at what a simple "Thank YOU" will do. While doing so, don't forget that YOU matter too.

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IMMEDIATE IMPACT

Consistently applying this model will ensure that you retrieve the increase that your business desires and deserves.

The chart below identifies major themes and shifts that will enable you to thrive; such as:

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READY? SET. GO!

Congratulations on taking the first steps required for you to Increase the Profit, Productivity, and Power within your business. You're on the fast track to identifying your businesses' strengths and unlocking its true potential. While reviewing and applying the 7 KEYS we know that some were easier to apply than others.

The good news is that you do not have to do this work on your own! As a bonus, we are ready to discuss your major takeaways while also beginning to identify strategies to support you in a Complimentary 15 minute Strategy Session. All you have to do is go to www.BeLeadGrow.com/Scheduling to schedule your appointment and know that we look forward to hearing from you soon.

As you identify your needs, and process your responses to the Healthy Workplace Toolkit, consider the menu of ways you can receive support from us. We offer:

- Training & Keynote Speaking,
- Strategic Planning Enhancement,
- Program and Product (re)Design,
- One-On-One Leadership Coaching,
- On-site Team Building & Consulting,
- Creative emPOWERment Strategy Development. and
- eConsulting (web based consulting)

We know your time is valuable so remember to contact us NOW to let us know how we can support you in taking your business to the next level: www.BeLeadGrow.com/Scheduling.

Peace, Blessings & HEALTHY Wishes of emPOWERment To You,
Your Be.Lead.Grow. Team

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